WITH THE PATRONAGE OF:
- Parkinson
- Alzheimer
- FONDAZIONE SYNAPSIS

WITH THE UNCONDITIONAL SUPPORT OF:
- ESF (European Sleep Foundation)
- Biogen

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For more information:
www.europeansleepfoundation.ch/event/think-tank-2021

WORLD SLEEP FORUM 2021
5th THINK TANK
NEURODEGENERATION AND SLEEP

27-29 MAY 2021
VIRTUAL MEETING
THURSDAY, 27TH MAY 2021

PUBLIC KEY-NOTE LECTURES
14.00 Introduction - C. Bassetti (CH)
14.15 Effect of sleep on CSF amyloid - B. Lucey (US)
14.45 Sleep duration and cognition - A. Spira (US)
15.15 Local sleep and Alzheimer’s disease - B. Mander (US)
15.45 Break

WORKSHOPS
09.00-12.00 WORSHOP 3 (in parallel)
SLEEP APNEA, COGNITION AND RISK OF DEMENTIA
Coordinators: I. Rosenzweig (UK), L. Ferini-Strambi (IT)

12.00 Break

PUBLIC KEY-NOTE LECTURES
14.00 Introduction - L. Ferini-Strambi (IT)
14.15 Risk and predictors of dementia and Parkinson’s disease in idiopathic REM sleep behaviour disorder - A. Iranzo (ES)
14.45 Sleep apnoea and the brain: a complex relationship - L. Ferini-Strambi (IT)
15.15 Treatment approaches for sleep disturbances in Parkinson disease - A. Videnovic (US)
15.45 Break

FRIDAY, 28TH MAY 2021

WORSHOP 5 (in parallel)
NEW DIAGNOSTIC AND TREATMENT APPROACHES FOR SLEEP AND CIRCADIAN DISORDERS IN DEMENTIA
Coordinators: C. Bassetti (CH), C. Baumann (CH)

SATURDAY, 29TH MAY 2021

WORSHOP 4 (in parallel)
REM SLEEP BEHAVIOR DISORDER IN PARKINSONISM AND DEMENTIA
Coordinator: A. Iranzo (ES), C. Trenkwalder (D)

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- L. LEWIS
- B. LUCEY
- B. MANDER
- A. SPIRA
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