

# Symposium

## Brain Health and Dementia

Thursday, 25th May 2023, 13.00 – 18.00



Inselspital  
Auditorium  
Ettore Rossi

Dear Ladies and Gentlemen  
Dear colleagues

We are pleased to invite you to the Symposium „Brain Health and Dementia“ in Bern and would like to thank you for the valuable cooperation.

This year, a professorship in dementia will be established at the Department of Neurology at the University of Bern Medical Faculty.

Recent data promise effective antibody treatments for Alzheimer's disease in the near future. In addition, the years 2023 and 2024 will also be years of brain health in Switzerland, following the launch of a major brain health campaign by the WHO and the European Academy of Neurology.

For these reasons, the focus of our symposium is on brain health, biomarkers and the treatment of Alzheimer's disease. We have been able to attract leading national and international experts from Harvard, Copenhagen, Munich, Brescia, Amsterdam and Bern to speak on these topics.

We thank you for your interest and look forward to welcoming you on 25. May 2023 in Bern.

Kind regards

Prof. Dr. med. Claudio L. A. Bassetti  
Prof. Dr. med. Andrew Chan  
Prof. Dr. med. Marcel Arnold  
Prof. Dr. phil. Iris-Katharina Penner

# Program

## 13.00-13.10 Welcome

Prof. Dr. med. Claudio L. A. Bassetti,

Prof. Dr. med. Urs P. Mosimann, Prof. Dr. med. Peter Sandor

### Part I: Brain Health

**Moderation: Prof. Dr. Stefan Klöppel, Prof. Marcel Zwahlen, PhD**

#### 13.10-13.40 German Brain Plan

Univ.-Prof. Dr. med. Ulrike Schara-Schmidt

#### 13.40-14.10 Swiss Brain Health Plan

Prof. Dr. med. Claudio L. A. Bassetti

#### 14.10-14.40 Screening and Brain Check?

Prof. Dr. phil. Iris-Katharina Penner

#### 14.40-15.00 Break

### Part II: Biomarkers of Dementia

**Moderation: Prof. Dr. med. Marcel Arnold, Prof. Dr. med. Jan Gralla**

#### 15.00-15.30 Later onset epilepsy, dementia and monitoring at home

Prof. Dr. med. Dr. sc. nat. Kaspar Schindler, Prof. Dr. sc. Tobias Nef

#### 15.30-16.00 Serum and neurophysiological biomarkers of Alzheimer Disease

Prof. Barbara Borroni

#### 16.00-16.20 Break

### Part III: Alzheimer Disease

**Moderation: Prof. Dr. med. Adrian Guggisberg, Prof. Dr. med. Andrew Chan**

#### 16.20-16.50 Prevention of Alzheimer Disease

Prof. Albert Hofman, MD, PhD

#### 16.50-17.20 Diagnostic criteria of Alzheimer Disease

Prof. Gunhild Waldemar, MD, DMSc

#### 17.20-17.50 New treatments of Alzheimer Disease

Prof. Ph. Philip Scheltens, MD, PhD

#### 17.50-18.00 Conclusion

Prof. Dr. med. Andrew Chan

**After the Symposium we will invite you to an aperitif.**

# Speakers and Moderators

## Prof. Dr. med. Marcel Arnold

Chefarzt, Leiter Stroke Center  
Universitätsklinik für Neurologie  
Inselspital Bern

## Prof. Dr. med. Claudio L. A Bassetti

Klinikdirektor und Chefarzt  
Universitätsklinik für Neurologie  
Inselspital Bern, Dekan der Medizinischen Fakultät der Universität Bern

## Prof. Barbara Borroni

Associate Professor of Neurology  
Neurology Unit, Department of Clinical and Experimental Sciences  
University of Brescia, Italy

## Prof. Dr. med. Andrew Chan

Leiter Medizinbereich Neuro, Chefarzt  
Universitätsklinik für Neurologie  
Inselspital Bern

## Prof. Dr. med. Adrian Guggisberg

Chefarzt, Leiter Universitäre Neurorehabilitation, Universitätsklinik für Neurologie, Inselspital Bern

## Prof. Albert Hofman, MD, PhD

Stephen B. Kay Family Professor of Public Health and Clinical Epidemiology  
Chair, Department of Epidemiology Harvard T.H. Chan School of Public Health, Boston, USA

## Prof. Dr. med. Stefan Klöppel

Direktor und Chefarzt Universitätsklinik für Alterspsychiatrie und Psychotherapie, UPD Bern

## Prof. Dr. med. Urs P. Mosimann

Direktor Medizin, Insel Gruppe

## Prof. Dr. sc. Tobias Nef

Extraordinarius für Gerontechnologie und Rehabilitation  
ARTORG Forschungszentrum für Biomedizinische Technik, Universität Bern & Universitätsklinik für Neurologie

## Prof. Dr. phil. Iris-Katharina Penner

Leitung Universitäre Neuropsychologie, Universitätsklinik für Neurologie, Inselspital Bern

## Prof. Dr. med. Peter Sandor

Ärztlicher Direktor Neurologie und Chefarzt, ZURZACH Care Präsident SNG

## Prof. Ph. Philip Scheltens, MD, PhD

Alzheimer Center Amsterdam  
Amsterdam, Netherlands

## Prof. Dr. med. Dr. sc. nat. Kaspar

### Schindler

Stv. Chefarzt, Leiter Schlaf-Wach-Epilepsie Zentrum, Universitätsklinik für Neurologie, Inselspital Bern

## Univ.-Prof. Dr. med.

### Ulrike Schara-Schmidt

Leitende Ärztin Neuropädiatrie, Entwicklungsneurologie und Sozialpädiatrie, Universitätsklinikum Essen (AÖR), Deutschland

## Prof. Dr. Gunhild Waldemar, MD, DMSc

Professor of Clinical Neurology, Faculty of Health and Medical Sciences, University of Copenhagen, Denmark

## Prof. Marcel Zwahlen, PhD

Director a.i., Institute of Social and Preventive Medicine (ISPM), University of Bern

# General Information

Registration is mandatory for participation. Register by email to [info@neuronews.ch](mailto:info@neuronews.ch) by the 18th of May 2023.

The participation is free of charge.

## Credits

5.5 Credits SVNP, 4 Credits SNG, 4 Credits SGPP, 0 Credits SGKN, 4 SGAIM.

## Directions

We recommend arrival by public transport. From Bern railway station, take bus line 12 in the direction of Holligen to the „Inselspital“ stop.

If you are travelling by car, take the „Bern Forsthaus“ motorway exit. Limited parking spaces are available in the Inselparking, the Bahnhofparking and the City West multi-storey car park



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