

LOCAL ORGANIZERS

Prof. Dr. med. Urs Fischer Chairman Department of Neurology Co-Chairman Stroke Center University Hospital Basel

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IN COLLABORATION WITH:



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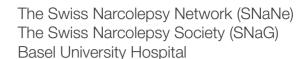
MEETING VENUE

For more information, visit:

www.europeansleepfoundation.ch/event/8th-swiss-narcolepsy-day/







Are happy to invite you to the:

8th SWISS **NARCOLEPSY DAY**

FEBRUARY 2nd, 2023 Basel, Switzerland









Dear Colleagues

Asleep during the day! A growing number of people within the normal population suffers severely from daytime sleepiness. In some cases this is caused by narcolepsy - a rare and compromising, still underdiagnosed and not well understood disorder.

The **8**th **Swiss Narcolepsy Day** offers opportunities to address clinical aspects of narcolepsy and to report on scientific progress in disease management.

Together with the newly founded Swiss Narcolepsy Network (www.snane.ch) our goal is to find innovative new strategies that support the improvement of the patient's medical care

Warm Regards,

Prof. Dr. med. ALEXANDRE DATTA

Head a.i. of Pediatric Neurology and Developmental Medicine, University Children's Hospital Basel (UKBB), Co-head of the Center of Sleep Medicine and Chronobiology of the Basel University Hospitals

HOW TO ATTEND

The meeting will be held in Hybrid format; due to Covid-19 restrictions the meeting will be streamed out for the virtual audience.

Upon online registration process, all attendees will have the chance to select *Virtual* or *In person* participation.

<u>Further information and online registration will follow soon.</u>

Official Language is **English** except for a speech (German). Simultaneous translation will not be provided.



THURSDAY, 2nd FEBRUARY 2023

SCIENTIFIC PROGRAM FOR PHYSICIANS AND RESEARCHERS

14.00 Introduction

Urs Fischer, Basel (CH)

14.10 Key lecture
Parasomnias in narcolepsy and other disorders of central hypersomnolence #

Isabelle Arnulf, Paris (FR)

14.40 Update Pediatric SPHYNCS study ** Silvia Miano, Lugano (CH)

5.00 Update SNaNe Registry **

Julia van der Meer, Bern (CH)

15.30 **Pause**

16.00 Data Science in Narcolepsy Ramin Khatami, Barmelweid (CH)

16.30 Orexin/hypocretin quantitative CSF measurements # Elena Wenz, Bern (CH)

17.00 Psychiatric symptoms and comorbidities in narcolepsy patients
Helen Slawik, Basel (CH)

17.30 Chronobiological aspects of central disorders of hypersomnolence Christian Cajochen, Basel (CH)

18.00 **P**ause

18.30 Talks in collaboration with the Swiss Society of Narcolepsy

(slides in english, talks in german)

Fatigue and sleepiness in children and adolescence

Alexandre Datta, Basel (CH)

Transition from adolescence to adulthood in narcolepsy patients

Mathias Strub, Basel (CH)

Obstructive breathing disorders and narcolepsy

Werner Strobel, Basel (CH)

19.30 Closing remarks

Claudio Bassetti, Bern (CH)