

LOCAL ORGANIZERS

Prof. Dr. med. Urs Fischer
Chairman Department of Neurology
Co-Chairman Stroke Center
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PD Dr. med. Alexandre Datta
Head a.i. of Pediatric Neurology and
Developmental Medicine, University
Children's Hospital Basel (UKBB), Co-
head of the Center of Sleep Medicine
and Chronobiology of the Basel
University Hospitals

MEETING VENUE

University Hospital Basel,
Petersgraben 4, 4031 Basel
Switzerland



For more information, visit:

www.europeansleepfoundation.ch/event/8th-swiss-narcolepsy-day/

IN COLLABORATION WITH:



European Sleep Foundation
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DRAFT PROGRAM



The Swiss Narcolepsy Network (SNaNe)
The Swiss Narcolepsy Society (SNaG)
Basel University Hospital

Are happy to invite you to the:

8th SWISS NARCOLEPSY DAY

FEBRUARY 2nd, 2023
Basel, Switzerland



20/07/2022 v1.1.0

Dear Colleagues

Asleep during the day! A growing number of people within the normal population suffers severely from daytime sleepiness. In some cases this is caused by narcolepsy - a rare and compromising, still underdiagnosed and not well understood disorder.

The **8th Swiss Narcolepsy Day** offers opportunities to address clinical aspects of narcolepsy and to report on scientific progress in disease management.

Together with the newly founded Swiss Narcolepsy Network (www.snane.ch) our goal is to find innovative new strategies that support the improvement of the patient's medical care

Warm Regards,

Prof. Dr. med. ALEXANDRE DATTA

Head a.i. of Pediatric Neurology and Developmental Medicine, University Children's Hospital Basel (UKBB), Co-head of the Center of Sleep Medicine and Chronobiology of the Basel University Hospitals

HOW TO ATTEND

The meeting will be held in Hybrid format; due to Covid-19 restrictions the meeting will be streamed out for the virtual audience.

Upon online registration process, all attendees will have the chance to select *Virtual* or *In person* participation.

Further information and online registration will follow soon.

🇬🇧 Official Language is **English** except for a speech (German). Simultaneous translation will not be provided.



THURSDAY, 2nd FEBRUARY 2023

SCIENTIFIC PROGRAM FOR PHYSICIANS AND RESEARCHERS

14.00 Introduction

Urs Fischer, Basel (CH)

**14.10 Key lecture
Parasomnias in narcolepsy and other disorders of central hypersomnolence** 🇬🇧

Isabelle Arnulf, Paris (FR)

14.40 Update Pediatric SPHYNCS study 🇬🇧

Silvia Miano, Lugano (CH)

15.00 Update SNaNe Registry 🇬🇧

Julia van der Meer, Bern (CH)

15.30 ☕ Pause

16.00 Data Science in Narcolepsy 🇬🇧

Ramin Khatami, Barmelweid (CH)

16.30 Orexin/hypocretin quantitative CSF measurements 🇬🇧

Elena Wenz, Bern (CH)

17.00 Psychiatric symptoms and comorbidities in narcolepsy patients 🇬🇧

Helen Slawik, Basel (CH)

17.30 Chronobiological aspects of central disorders of hypersomnolence 🇬🇧

Christian Cajochen, Basel (CH)

18.00 ☕ Pause

18.30 Talks in collaboration with the Swiss Society of Narcolepsy

(slides in english, talks in german)

Fatigue and sleepiness in children and adolescence 🇩🇪

Alexandre Datta, Basel (CH)

Transition from adolescence to adulthood in narcolepsy patients 🇩🇪

Mathias Strub, Basel (CH)

Obstructive breathing disorders and narcolepsy 🇩🇪

Werner Strobel, Basel (CH)

19.30 Closing remarks

Claudio Bassetti, Bern (CH)